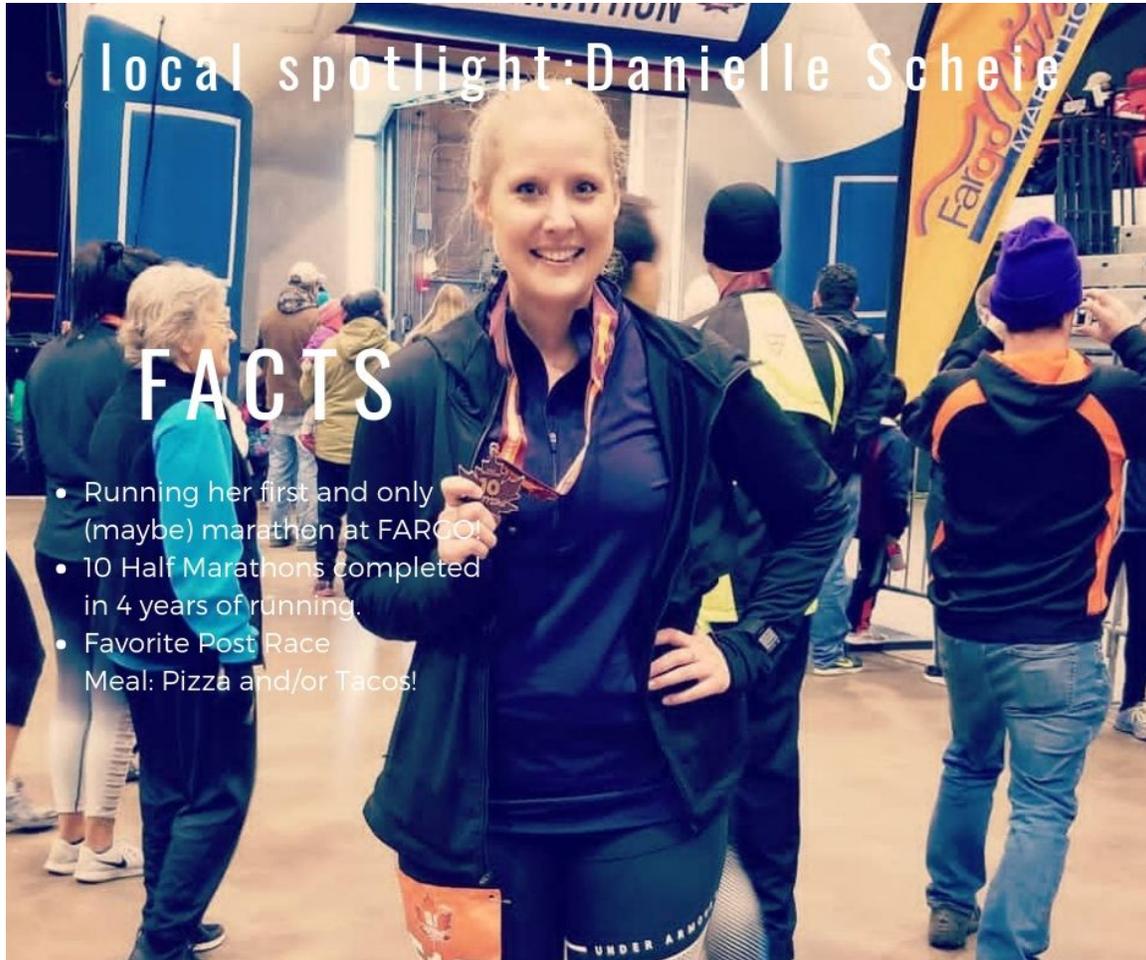


Local Spotlight - Danielle Scheie



- Running her first and only (maybe) marathon at FARGO!
- 10 Half Marathons completed in 4 years of running.
- Favorite Post Race Meal: Pizza and/or Tacos!

Moving to Fargo from Lidgerwood, ND just before Kindergarten Danielle has lived in Fargo ever since. Growing up Danielle played Basketball her whole life and played for the Bruins at Fargo South High. She started running when her sister decided they should run a Half Marathon together. Since then she has completed 10 Half Marathons and is preparing to run her first full Marathon this month at the Fargo Marathon! Find out what her favorite race is, her pre-race breakfast and much more below.

Age: 34

Hometown: Fargo, ND

Number of Marathons Ran: My first one this year at the Fargo Marathon!

Marathon PR: Stay tuned!

Number of Half-Marathons Ran: 10

Half-Marathon PR: 2:09

Age that you started running: 30

Family: We moved to Fargo from Lidgerwood, ND when I was about to start kindergarten. My parents still live in our house we grew up in in South Fargo and I am up on the north side! I have a twin brother who lives in NC and an older sister who lives in Maryland.

Did you compete in any sports in High School: Basketball at Fargo South High. At the same time my Dad was the Head Coach at Kindred High and he can still school me at HORSE.

What helps you stay motivated? Friends and family. It's so much easier when you have some awesome running buddies by your side through the miles. They definitely push me through when I need it most!

Favorite Running workout or route: It's fun to run around DL and seeing the lake in the summer. It's nice to get out of Fargo – plus there's always Zorbaz when you're finished.

Least Favorite Running workout or route: Hill work!!

Favorite Race: I love Fargo because of the crowd throughout the whole race. It's awesome! I did the Army 10 Miler in DC a couple years back with 30,000 other people. That was such an amazing experience and gorgeous course.

Favorite Race Distance: 13.1 Miles!

What shoe did you run your last race in? Brooks Ghost.

Essential Running apparel: I'm not too picky. Anything I've ran in before that I know will be comfortable!

Favorite Pre-race Breakfast: Oatmeal and Peanut Butter toast.

Favorite Post race Meal: Pizza and/or Tacos!

Running Lesson: Never try new socks on your long run! Lesson learned.

Running Goal for 2019: To complete my first and probably only marathon! The determination and dedication it takes to log so many miles is tough but I'm excited to cross this off my bucket list!