



**Tuesday, October 29th 6:30pm**

**Run Information:** Run begins and ends at FRC, 5K distance for runners and walkers of all abilities. \$5 per participant.

**Registration and Packet Pick-up Information:** Register in store at Fargo Running Company (1801 45th St. S Fargo, ND 58103) or mail in Registration Form.

**Course Description:** Out and back course starting and finishing in front of Fargo Running Company. It is not a closed course.

**Additional Information:** For any questions contact the Fargo Running Company at 701-364-9503 or email at [info@fargorunningcompany.com](mailto:info@fargorunningcompany.com)

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**Mail Entry Form and make Checks payable to:** Fargo Running Company 1801 45th St. S Fargo, ND 58103

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

Check one RUN: \_\_\_\_\_ WALKER: \_\_\_\_\_

**WAIVER:** I know that running on a road is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Fargo Running Company, Cities of Fargo and West Fargo, the Parks and Recreation Board, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature (Parent's Signature If under 18)

\_\_\_\_\_  
Date